

Monday, March 22, 2010  
Press Release for Immediate Release

Contact Information  
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### **Babysitters Training Course Offered by YMCA**

The YMCA of Bradford County will offer the American Red Cross Babysitters Training course on Saturday, April 10<sup>th</sup> from 9:00 am to 3:00 pm.

Babysitters Training includes the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help develop skills in leadership and professionalism, basic care, safety and safe play and first aid. Specific skills include: picking up and holding infants and toddlers, bottle and spoon feeding, and diaper changing.

This course will provide youth with knowledge and skills practice in first aid and breathing emergencies. Specific skills include: checking a conscious infant and child, caring for a choking child, caring for an unconscious infant and child, and controlling breathing. Participants will also learn how to take precautions to prevent disease transmission. However, this course will not provide you with certification in first aid or CPR.

Successful course completion requires classroom participation and skills demonstration. Some practice sessions require light physical activity. Wearing comfortable clothing is recommended.

Upon successful completion of the American Red Cross Babysitter Training course, participants will receive an American Red Cross Certificate indicating Babysitter's Training.

Pre-registration is a must! Please stop by or call the YMCA at 570-268-YMCA (9622). Class space is limited. Call today to register.

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